

<b>ANNEX B: PUBLIC HEALTH JOINT COMMISSIONING UNIT PERFORMANCE REPORT</b>	
---	--

<b>AUTHOR: Val Thomas</b>
---------------------------

## **1. PURPOSE**

The purpose of this Annex is to provide a brief update on the Cambridgeshire and Peterborough Public Health Joint Commissioning Unit (JCU) and an overview of the performance of the Peterborough contracts that it manages.

## **2. BACKGROUND**

The JCU was created in May 2017 and it brought together the Public Health Commissioning functions across Peterborough City Council and Cambridgeshire County Council. Three teams were formed, Drugs and Alcohol/Sexual Health, Lifestyles and Primary Care. It is led by the Assistant Director of Commissioning for Cambridgeshire and Peterborough and the Consultant in Public Health (Health Improvement) for Cambridgeshire and Peterborough. The model aims to bring together commissioning staff and Public Health staff to ensure that Public Health commissioning is informed by evidence of need and effectiveness, including cost benefits alongside robust commissioning practice. Health Improvement staff also continue to hold their wider roles in the public health team.

## **3. SCOPE OF THE PUBLIC HEALTH JCU**

The JCU is responsible for the commissioning and performance monitoring of substance misuse, sexual health, lifestyles and all the primary care public health contracts. In addition, it also manages the commissioning and performance management of some smaller mental health contracts. It does not include children and young people's services, health visiting and school nursing, in its remit. These sit within the Children and Young People's JCU. It should also be noted that all staff are involved in wider work with partners to develop joint pathways and commissioning, shared strategic approaches and policy development. Currently there is one vacant post.

## **4. CURRENT CONTRACTS AND PLANNED PROCUREMENTS**

Currently the JCU holds 40 Cambridgeshire County Council and ten Peterborough City Council contracts. Currently there are a two procurements involving Peterborough City Council commissioned services being taken forward or planned for the forthcoming year. Both procurements are joint with Cambridgeshire, which maximises best value through economies of scale.

**Table 1: PHJCU joint procurements for Cambs & Peterborough during 2017/18**

<b>Service</b>	<b>Procurement Schedule</b>	<b>Current Status</b>
Cambridgeshire and Peterborough Healthy Schools Service	Invitation to tender: February 2018 Contract award: June 2018 New Service: September 2018	Consultation and specification development
Cambridgeshire and Peterborough Workplace Service	Invitation to tender: December 2017 Contract award: March 2018 New Service: April 2018	Consultation and development

## **5. PERFORMANCE**

The following is an overview of the performance of the main contracts that the Public Health JCU manages for Peterborough City Council the first two quarters of 2017/18 financial year. Not all the Key Performance Indicators (KPIs) are included in the report but those considered to be key to achieving the service outcomes are presented

## **6. INTEGRATED SEXUAL HEALTH SERVICES**

### **6.1 Integrated Sexual Health Services - Peterborough**

The Integrated Sexual Health Services are provided by CCS in Peterborough. Although overall performance is good with most KPIs being achieved, the following are exceptions:

**Table 2: Percentage of people with STI needs, offered appointment or walk in within 2 working days of first contact.**

<b>Threshold</b>	<b>July</b>	<b>August</b>	<b>September</b>
90%	67%	78%	71%

**Table 3: Percentage of people with STI needs seen or assessed by a healthcare professional within 2 working days of first contact**

<b>Threshold</b>	<b>July</b>	<b>August</b>	<b>September</b>
80%	67%	78%	71%

These two indicators are taken to be key for sexual health services in terms of improving onward transmission of infection.

**Table 4: Percentage of people with contraceptive needs, offered appointment to be seen within 2 working days of first contact**

Threshold	July	August	September
95%	50%	49%	55%

**Table 5: Percentage of chlamydia positive patients receiving treatment within 6 weeks of test date**

Threshold	July	August	September
??%	96%	93%	Not available

### 6.1.1 Activity

The tender submission for sexual health services activity was set at 20,000 attendances. The end of year projected activity will exceed this by 3-4000 i.e. 15-20%. Contraceptive service activity has increased over Quarter 2.

### 6.1.2 Commentary

The main area of concern for the Peterborough iCash is the underachievement of its 48 hour targets, which are considered to be key indicators for achieving the outcomes of a decrease in sexually transmitted infections. Currently commissioners are working with the service to find innovative approaches that address the increased activity but also deliver outcomes and the savings which have been built into the contract.

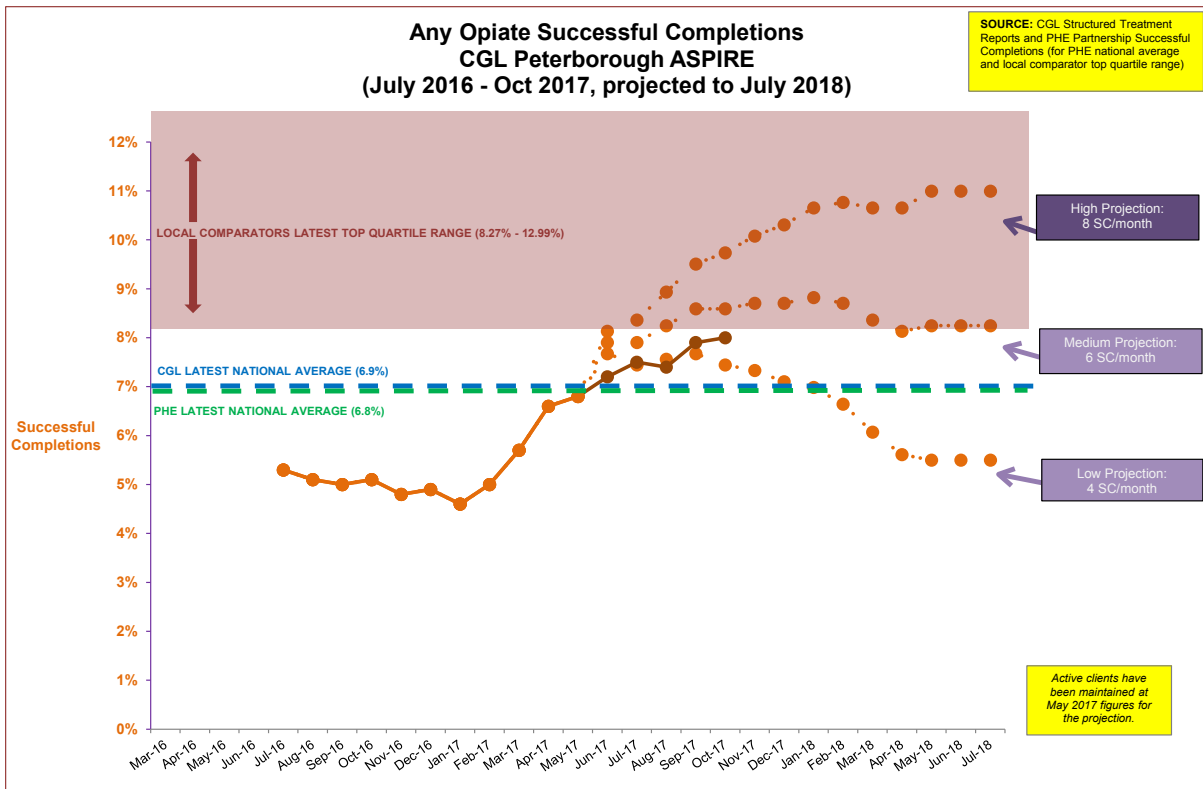
## 7. DRUGS AND ALCOHOL SERVICES

### 7.1 Adult Drugs and Alcohol Treatment Services - Peterborough

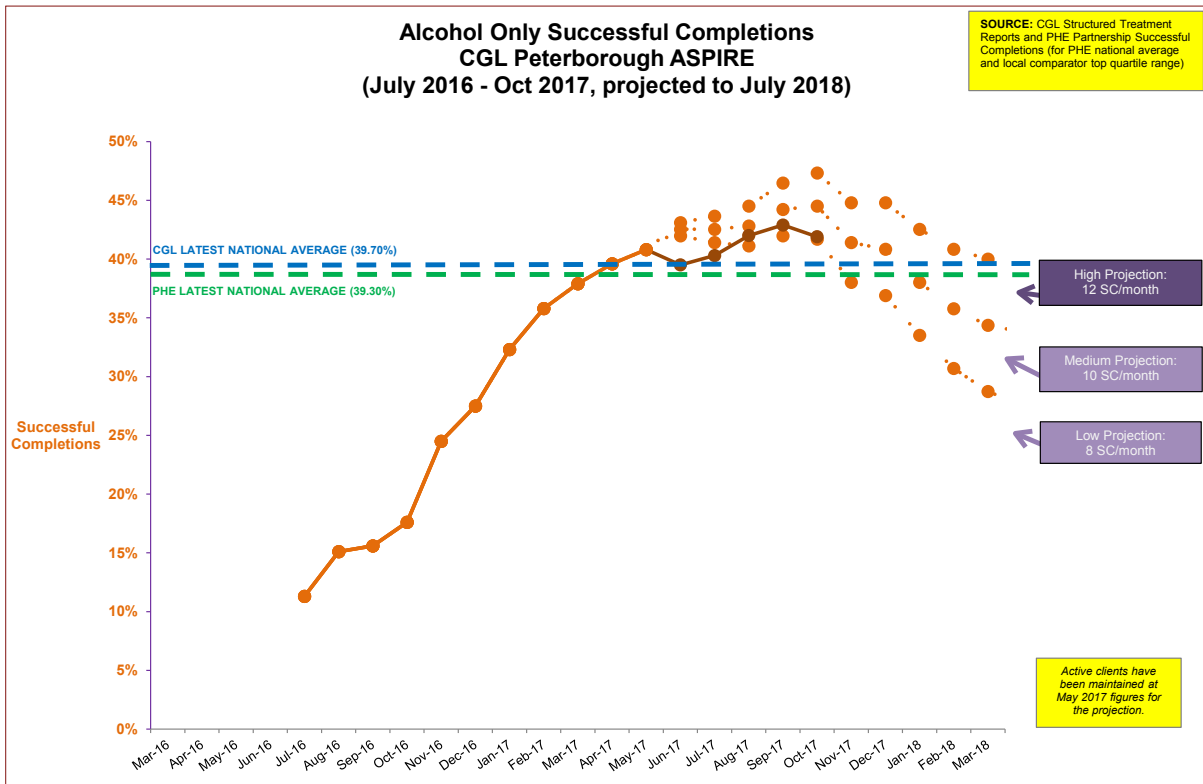
#### 7.1.1 Commentary

The new Aspire (CGL) Drug and Alcohol Treatment Service commenced in April 2016 and it inherited a drop in successful treatment completions that had occurred over the preceding two quarters and continued into the new contract. The Service was placed on a turnaround plan which is due to continue until January 2018 with the aim of achieving the top comparators' performance quartile. As part of this, Aspire submits monthly trajectories for successful treatment completions plotted against national average, CGL average and top quartile average. There is ongoing improvement and performance for treatment completions is now above national average for the types of drug use recorded as demonstrated on the charts below. The Service recruited more people in alcohol treatment in Year 1 than the previous service and increased significantly the numbers in treatment for combined alcohol & non-opiate drug issues.

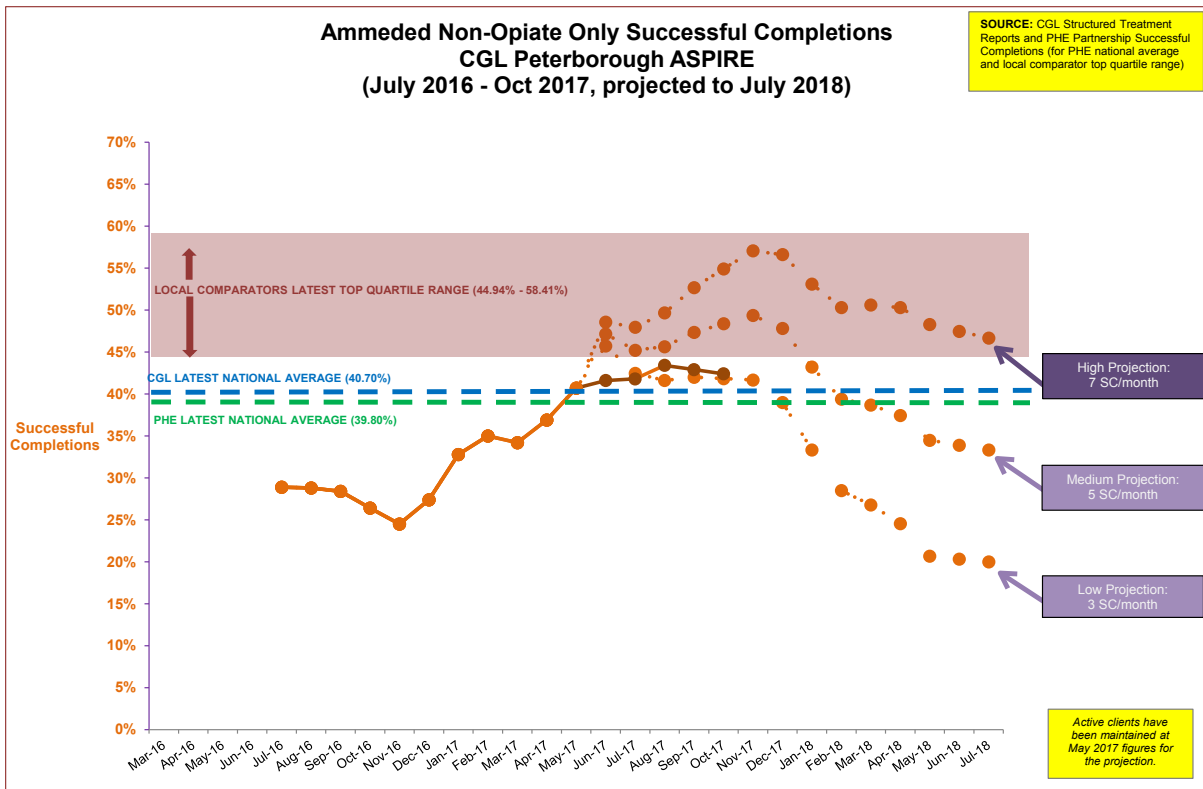
**Figure 1: Any Opiate Successful Completions (as per the graph below)**



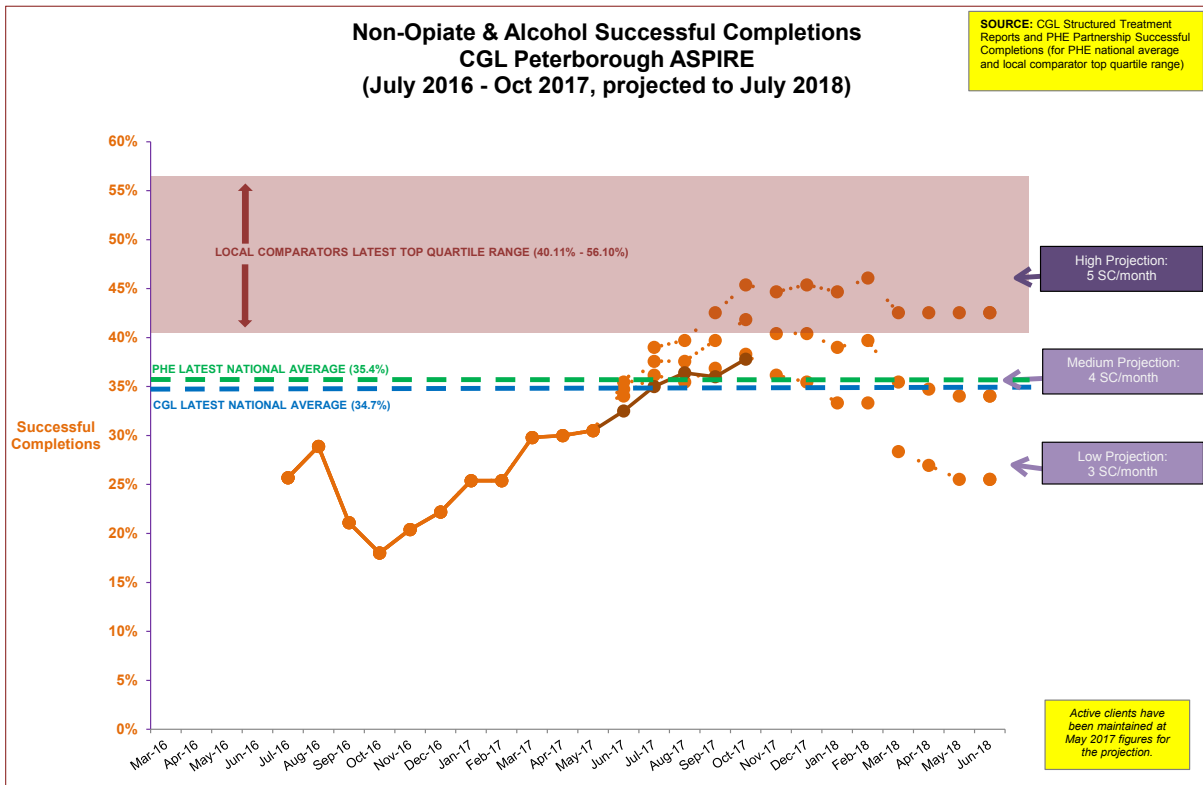
**Figure 2: Alcohol Only Successful Completions (as per graph below)**



**Figure 3: Non-Opiate Only Successful Completions (as per graph below)**



**Figure 4: Non-Opiate & Alcohol Successful Completions (as per graph below)**



The following strategic service objectives for the Aspire Drug and Alcohol Services have been developed for year 2:

OBJ 1: Continued performance recovery, achieving a year on year performance improvement overall and reaching for top quartile or exceeding national averages

OBJ 2: Improve outcomes achieved by young people in treatment

OBJ 3: Develop and implement prevention and early intervention provision for alcohol

OBJ 4: Reduce the number and proportion of clients in long term treatment

The Service is actively contributing to a number of partnership initiatives including the multi-agency Family Safeguarding Project and linking with a range of services including the National Citizenship Service, NSPCC regarding Child Sexual Exploitation (CSE) and delivering structured courses to young people at NACRO, working with the NEET (Not in Education, Employment or Training) young people.

To make the service more accessible Aspire locate staff across Peterborough in Youth Offending Services, Schools, Pupil Referral Units, Children's Centres, Youth Clubs and other areas where young adults associate.

## **8. INTEGRATED LIFESTYLE SERVICES**

### **8.1 Integrated Lifestyles Service - Peterborough**

In Peterborough the Lifestyle Service, commissioned from Solutions4Health, began in April 2017. Services are currently delivered in 17 out of 22 wards in Peterborough, within GP practices, workplaces, schools and community settings including Mosques, a Gurdwara, at a library, community centres and via a mobile unit. A number of service advisors are multi-lingual which enables services to be delivered to a greater number of Peterborough's diverse community.

Services delivered include:

- Stop Smoking (adults and young people)
- Health Trainer
- Adult Weight Management
- Child Weight Management
- Physical Activity
- Outreach NHS Health Checks
- Behaviour Change Training (adults and young people)

The following shows performance against the main service areas.

## Adult Services

**Table 6: Outreach Health Checks**

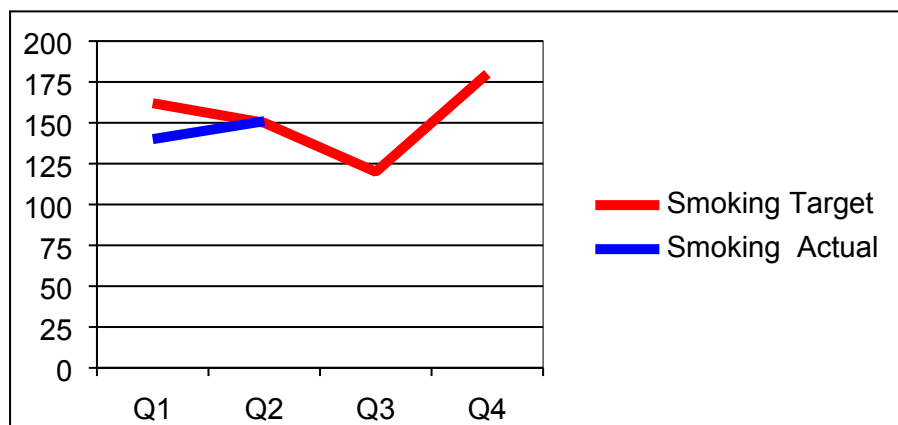
Outreach Health Checks	Q. 2 Target	Q. 2 Actual	Q. 2 %
Number of eligible Peterborough residents offered an outreach health check who received a health check	78	224	287%

GP practices continue to be commissioned to undertake health checks to the eligible population. However, to extend the number of health checks undertaken each year Solutions4Health have been commissioned to undertake health checks across the city to complement the existing GP practice commission.

## Stop Smoking

The Stop Smoking service is provided across the City, although there is a specific requirement to achieve quits among those living in the 20% most deprived areas of Peterborough. The service also has specific targets related to routine and manual workers, BME residents, people with mental health problems and women who smoke during pregnancy.

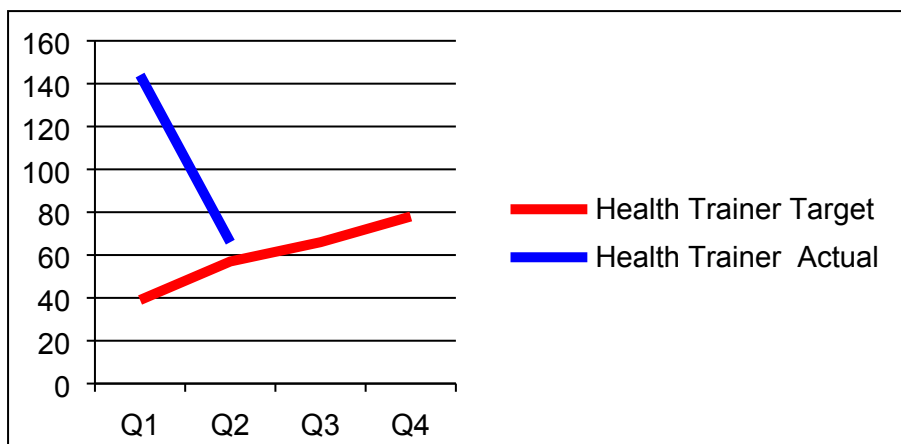
**Figure 5: Number successfully quitting at the four-week post-quit date**



## Health Trainer Service

The Health Trainer service is also delivered across the City and similar to the smoking service has specific requirements to support those living in the 20% most deprived areas of Peterborough. The service also has specific targets related to routine and manual workers, BME residents and people with mental health problems.

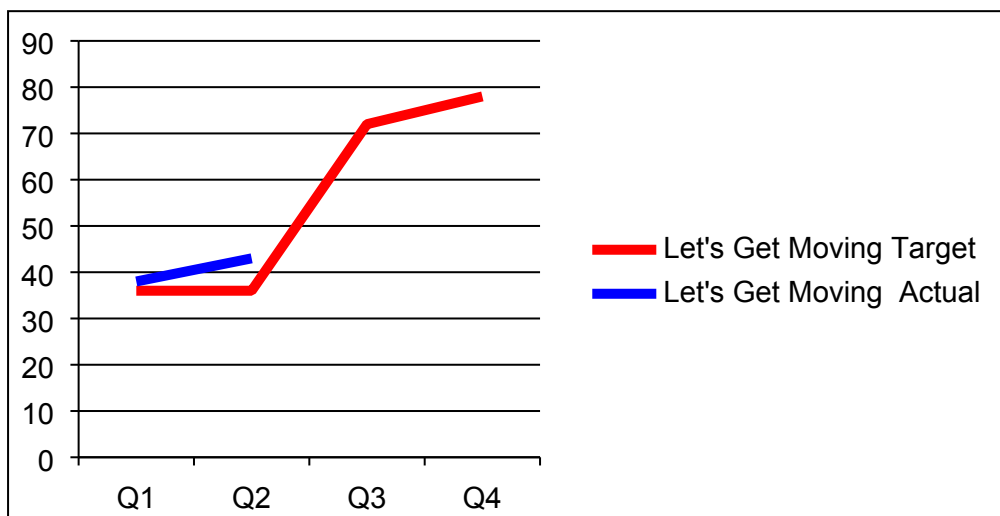
**Figure 6: Number achieving lifestyle goal as part of an agreed health plan**



### Let's Get Moving

The Let's Get Moving service is a physical activity service for those people not achieving the recommended level of physical activity and/or those living with a long-term condition.

**Figure 7: Number of people completing a Let's Get Moving course**



### Tier 2 Weight Management

Due to the unforeseen decision of dietetic staff not to transfer to the new service in April 2017 it was agreed that one to one Tier 2 support would commence in Quarter 2. Completion data is currently not available however, data for the number of people receiving one to one support is available as indicated below.



**Table 7: Number of people receiving one to one Tier 2 support**

Year to date performance against target	85%
---	-----

Tier 2 group interventions delivered through the 'Shape up for Life' service did however begin during Quarter 1. Completion data is currently not available however data for the number of people commencing the Shape up for Life as indicated below.

**Table 8: Number of people commencing Shape up for Life service**

Year to date performance against target	132%
---	------

**Table 9: Tier 3 Weight Management**

Year to date performance against target	0%
---	----

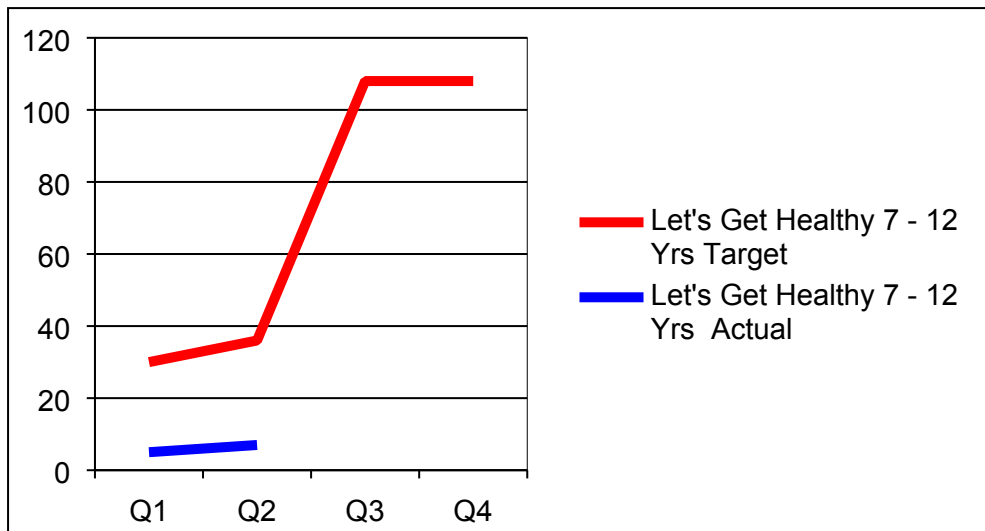
As dietetic staff did not transfer to the new service in April 2017 a recruitment process was progressed to appoint suitably qualified staff. However, as it became apparent this was unlikely to be achieved it was agreed that Cambridge University Hospitals NHS Foundation Trust (CUHFT) - Addenbrookes should be sub-contracted by Solutions4Health to deliver this service. It was intended that a new service, delivered at the City Care Centre in Peterborough would commence in October 2017, but further delays have occurred. The Joint Commissioning Unit is continuing to work with Solutions4Health and Cambridge University Hospitals to address the situation.

## **Children and Young People**

### **Let's Get Healthy**

The service is currently delivered in eight primary schools within Peterborough. The schools were selected due to the higher prevalence of overweight or obese children in each school based on National Child Measurement Programme trend data. The service has been provided for children aged 4 – 7 years old and their families with limited success. The service for children aged 7 – 11 years old has also seen a small number of completers. However, numbers commencing the 7 – 11 years old service have significantly increased in Quarter 2, with 150 children beginning a course. With the addition of a 12 – 17 year old course in Quarter 3 it is expected overall performance will improve significantly.

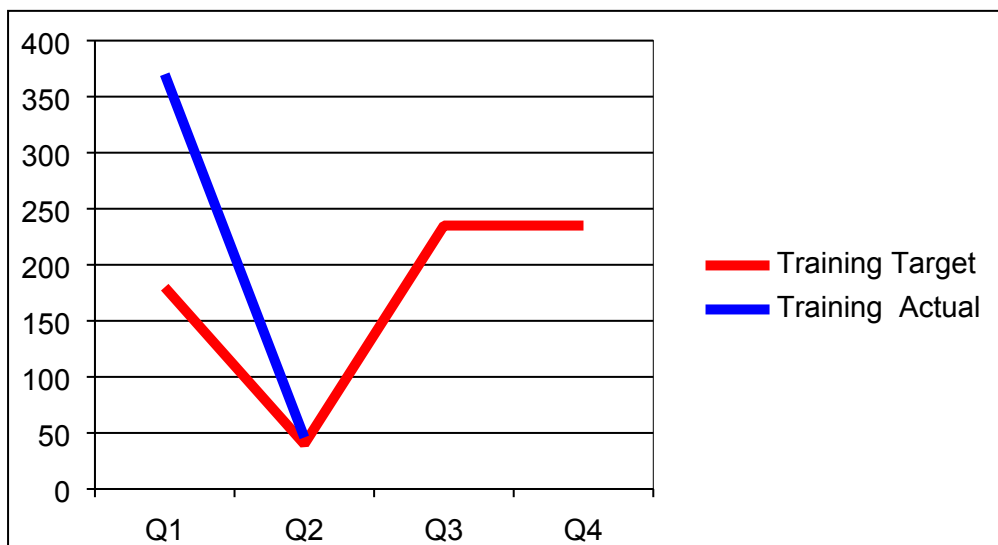
**Figure 8 : Number of children completing a Let's Get Healthy course**



### Health Improvement courses in schools

The service provides Royal Society of Public Health Level 2 training in secondary schools as part of the Local Youth Health Champion initiative as well as the tobacco educational training tool Operation SmokeStorm designed to inform children of the harm caused by tobacco.

**Figure 9: Number of children receiving Level 2 training or Operation SmokeStorm training**



### 8.2.1 Commentary

The Solutions4Health contract in its first six months has made notable progress against many of its targets. The outreach health checks also includes mini health checks for those not eligible for an NHS health check. The health trainer service is also over-achieving and meeting its recruitment and personal health plan outcomes.

The weight management services both Tiers 1 and 2 have experienced recruitment difficulties which resulted in the Tier 3 service being sub-contracted to Addenbrooke's. These services are being carefully monitored.

## 9. PRIMARY CARE COMMISSIONING OVERVIEW

A number of public health services are commissioned from primary care, that is, GP practices and community pharmacies. The table overleaf identifies the services commissioned in the different areas.

GP contracts for stop smoking and NHS Health Checks have a poor return rate although the return rate for contracts to provide Long Acting Reversible Contraception (LARCs) is good. There are only two community pharmacy contracts, Emergency Hormonal Contraception and stop smoking, both of which have a poor return rate, with stop smoking particularly low.

**Table 10: Primary Care Contracts in Cambridgeshire and Peterborough**

Service	Peterborough					
	GPs	No. of contracts sent out	No. returned	Comm. Pharm.	No. of contracts sent out	No. returned
Stop Smoking	x	23	9	x	16	1
NHS H.C.	x	23	13	N/A	N/A	N/A
LARCs	x	24	20	N/A	N/A	N/A
EHC	N/A	N/A	N/A	x	30	12
Chlamydia Screening	N/A	N/A	N/A	N/A	N/A	N/A
Alcohol Detox.	N/A	N/A	N/A	N/A	N/A	N/A

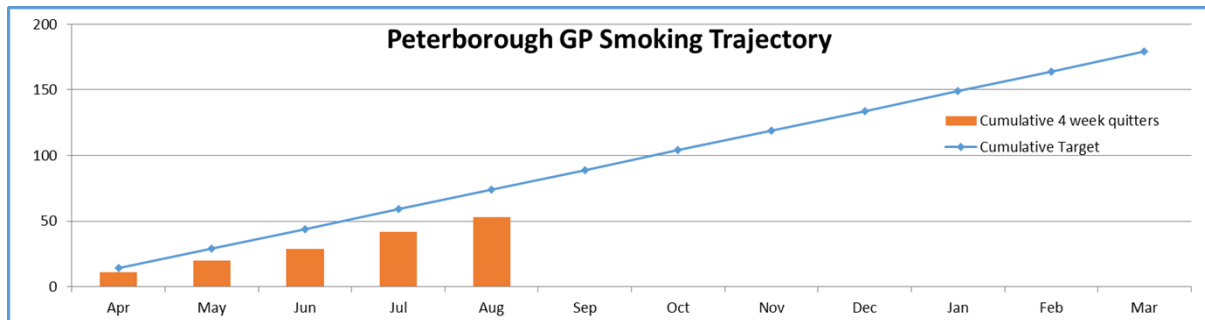
## 10. STOP SMOKING SERVICES

Primary care has been providing stop smoking services for a prolonged period. The core stop smoking services (now in Solutions4Health) support practices to deliver the services through training and ongoing problem solving. Individual practices are provided with targets. In some practices the core stop smoking services run clinics to provide some or all of the practice service and this is reflected in the payment

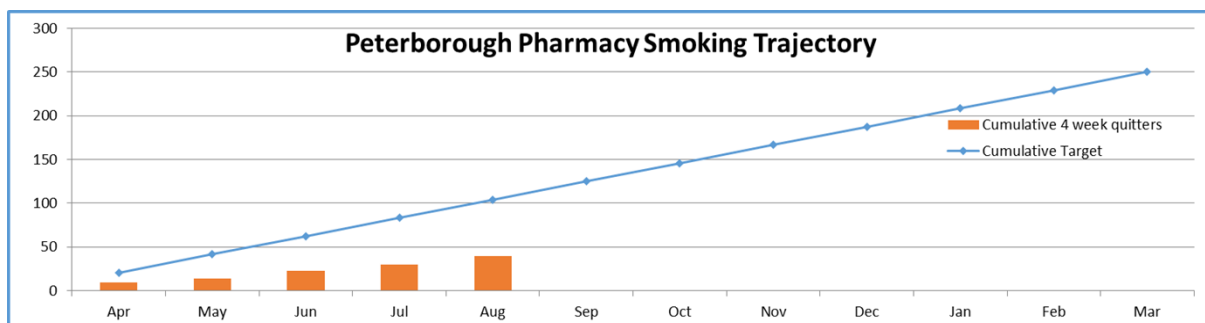
structures. The service in community pharmacies is more limited and they also receive the same level of support.

### 10.1 Stop Smoking Services - Peterborough

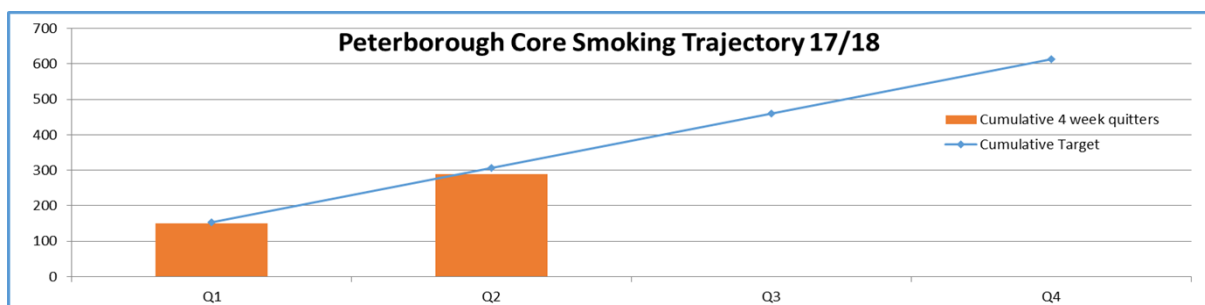
**Figure 10: Peterborough GP Stop Smoking Performance**



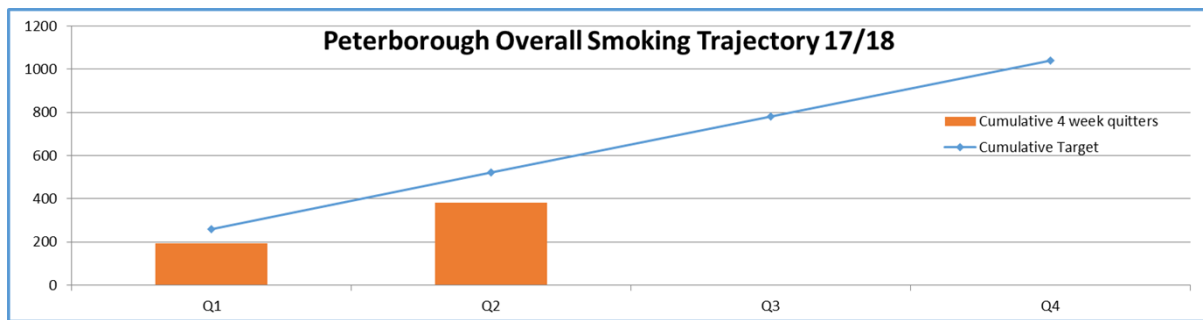
**Figure 11: Peterborough Community Pharmacy Stop Smoking Performance**



**Figure 12: Solutions4Health Stop Smoking Performance**



**Figure 13: Overall Stop Smoking Performance**



**10.1.1 Commentary**

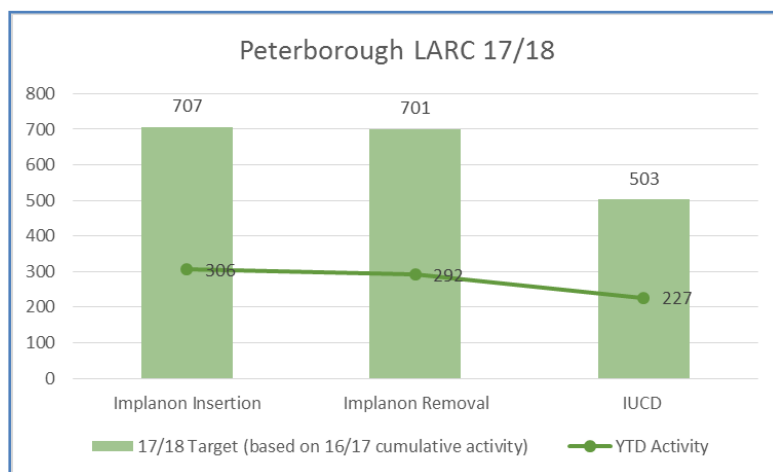
In Peterborough, there is underachievement in primary care services especially in community pharmacy services. Although the core service is performing well overall the current performance is below the trajectory.

**11. LONG ACTING REVERSIBLE CONTRACEPTION (LARCS)**

The trajectories below are based on last year’s out-turn and there is an ambition to maintain the same level of activity. This has dropped in recent years.

**11.1 LARCs - Peterborough**

**Figure 14: Peterborough LARC Performance**



Performance in Peterborough is slightly below trajectory to achieve the annual target shown in the chart above, due to low activity at the beginning of the year.

## 12. NHS HEALTH CHECKS

### 12.1 NHS Health Checks – Peterborough

Figure 15: GP Health Checks

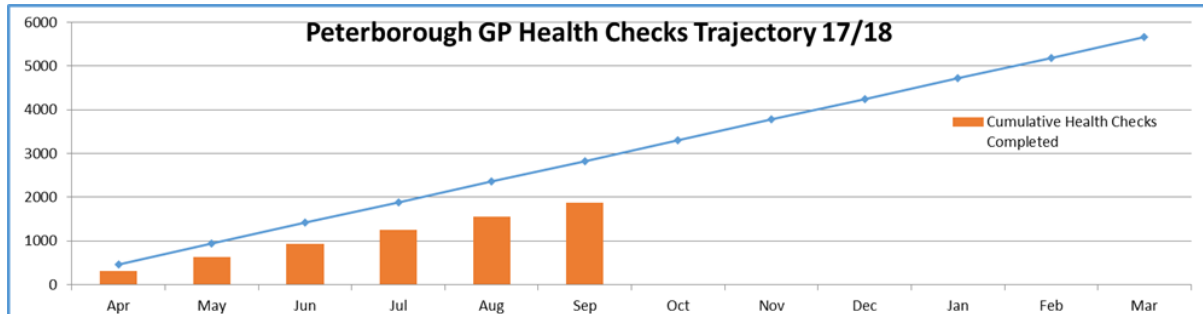
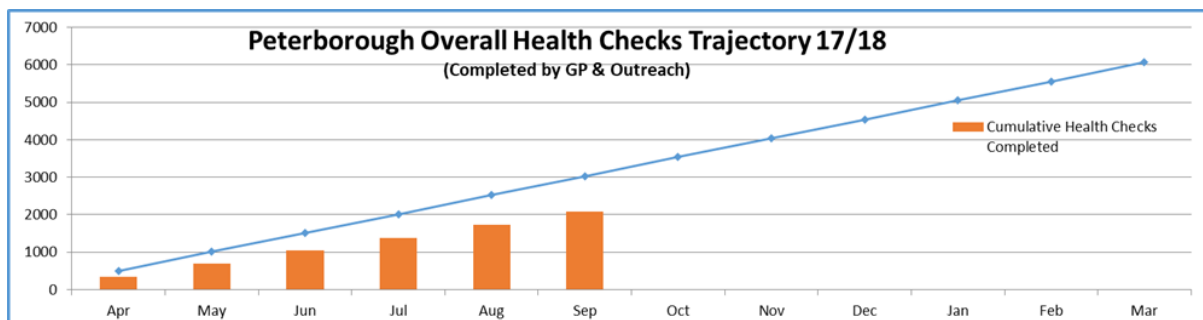


Figure 16: Peterborough Overall NHS Health Checks



#### 12.1.1 Commentary

The GP NHS Health Checks is currently underachieving target and considerable efforts are being made to support practices to improve the number of health checks undertaken. Overall health checks (including outreach health checks) has improved from its position at the same time last year.

## 13. THE FOOD FOR LIFE PROGRAMME

Cambridgeshire County Council (CCC) and Peterborough City Council (PCC) both commission through separate contracts a school based programme that promotes diet and physical activity. The Food for Life Programme (FFLP) is part of the Soil Association and works with schools helping them build knowledge and skills through a 'whole setting approach'. This engages children and parents, staff, patients and visitors, caterers, carers and the wider community to adopt a healthier eating lifestyle.

The targets for FFLP focus upon recruiting schools of high need and support them to achieve the different levels of accreditation for the whole school approach (bronze to gold). The provider has a target number of schools to work with and accreditations to secure.

### **13.1 The Food for Life Programme - Peterborough**

#### Schools: 2017/18 (end of Q2)

Target to work with 30 schools during this year.

- 7/30 FFL awards (5 Bronze, 2 Silver)
- 30/30 Schools (primary) working towards a FFL bronze, silver or gold award
- 20 engaged schools from 2016/17 still engaged for 2017/18
- 10/10 new schools engaged for 2017/18

#### Early Years: 2017/18

- 6/6 Early Years Settings engaged and working towards a FFL award
- 6/6 new early years engaged for 2017/18

Target to make 6 new awards in 2017/18

- 1 Early Years awards since this was commissioned in 2017/18

#### **13.1.1 Commentary**

FFL has met its target number of schools and have 30 schools engaged with 7 achieving awards. It is expected schools will achieve more awards during the year with two schools making strong progress to achieve FFL gold awards.

## **14. HEALTHY WORKPLACE SERVICE**

Cambridgeshire County Council and Peterborough City Council commission through separate contracts a workplace health programme which provides health improvement interventions within workplace settings. There is a particular focus on targeting employers with routine and manual workers to improve access for this group and tackle health inequalities.

The current programme is provided by Living Sport and has been in place since January 2017 (following a previous contract with Business in the Community).

The targets for the workplace programme focus upon numbers of new employers engaged, numbers of Mental Health First Aid Lite training sessions delivered and number of support networks provided (in order to maintain engagement with workplaces involved in the programme).

Health Champion training sessions are also provided to ensure that volunteers within engaged organisations can signpost to local services and run health focused campaigns for staff. The programme is closely aligned with the Integrated Healthy Lifestyle Services in each area to ensure outreach NHS Health Checks, weight management and other services are part of the workplace health 'offer' for employers.

#### **14.1 Peterborough 2017/18 (End of Q2)**

New employers engaged - 3/11 (below target although target is for the full year)  
Mental Health First Aid Lite sessions delivered - 4/5 (on target to exceed)  
Wellbeing Practitioner networks delivered - 2/3 (on target to exceed)

In addition, 3 sessions of Health Champion training have been provided to employers and 1 Health Champion Network.

#### **14.2 Commentary**

The programme continues to face challenges in terms of the number of Peterborough and Fenland based employers that take part in the programme. However, the provider is working hard to focus upon these areas and is confident they will achieve all KPIs.

### **15. BUDGET OVERVIEW**

All the contracts with the exception of those with primary care and out of area sexual health attendances are block contracts.

#### **15.1 The Impact of Saving Requirements**

A key challenge for the Joint Commissioning Unit is to secure the cash savings that are required for the Public Health Directorates in both local authorities due to reductions in the national public health grant.

In Peterborough, the approach throughout the course of the contracts is to reduce the value of the contract. The rationale being that as the contracts embed efficiencies can be found. However, the financial pressures have become more acute in Peterborough and additional efficiencies and innovative approaches are being sought to create savings. This is particularly necessary in relation to the Integrated Sexual Health Services, where the activity level considerably exceeds that included in the successful tender.

### **16. SUMMARY**

This report only details main higher value or higher profile contracts and how any issues are being managed. Currently, there are no outstanding performance issues relating to the Public Health JCU contracts not described here.