



**MINUTES OF A MEETING OF THE HEALTH AND WELLBEING BOARD
HELD IN THE BOURGES / VIERSEN ROOMS, TOWN HALL ON 22 SEPTEMBER 2016**

Members Present: Councillor Holdich, Leader and Cabinet Member for Education, Skills, University, and Communication (Chairman)
Councillor Fitzgerald, Deputy Leader and Cabinet Member for Integrated Adult Social Care and Health
Councillor Lamb, Cabinet Member for Public Health
Councillor Ferris
Adrian Chapman, Service Director Adult Services and Communities
Dr Liz Robin, Director for Public Health
Cathy Mitchell, Local Chief Officer
Russell Wate, Local Safeguarding Children's Board and Peterborough Safeguarding Adults Board Co-opted Member

Also Present: Philippa Turvey, Senior Democratic Services Officer
Jessica Stokes, Public Health Registrar
Kathy Hartley, Public Health Consultant
Emma Tiffin, Cambridge and Peterborough NHS Foundation Trust
Martin Stefan, Cambridge and Peterborough NHS Foundation Trust
Lee Miller, Cambridge and Peterborough NHS Foundation Trust

1. Apologies for Absence

Apologies for absence were received from Wendi Ogle-Welbourn Corporate Director People and Communities, Dr Howsam, Dr Mistry, David Whiles, and Claire Higgins.

Gordon Smith attended as substitute for David Whiles.

2. Declarations of Interest

There were no declarations of interest.

3. Minutes of the Meeting Held on 21 July 2016

The minutes of the meeting held on 21 July 2016 were approved as a true and accurate record.

4. Peterborough Cardiovascular Disease Strategy

The Public Health Registrar introduced the report, which outlined the draft five year plan for cardiovascular disease (CVD). This included heart disease, stroke and peripheral arterial disease which was a strategy to prevent, identify and treat CVD. The plan included health care, health promotion, health checks, and lifestyle changes working in conjunction with key NHS and independent partners.

The Board were advised that there needed to be a variety of approaches to ensure as many people were captured as possible. This included working with GPs and carrying out simple pulse checks alongside routine GP visits. Together with Councillor buy-in, it was believed this

would help reach the sectors of the community most at risk. Success in the short term would be difficult to quantify and it would be several years before real progress could be measured.

The Board considered the report, and key points highlighted and raised during discussion included:

- It was suggested that healthy lifestyles were considered when reviewing future planning proposals to ensure that, where possible, cycle ways and pathways were included.
- It was considered that emphasis should be placed on healthy eating within Council buildings, including Council meetings and in food banks.
- It was suggested that the Council approach local supermarkets to hold a healthy eating week.
- A luncheon was held on 2 November for Councillors to launch the Strategy and further information would be available to take away.

That the Health and Wellbeing Board **RESOLVED** to:

- 1) Endorse the Peterborough Cardiovascular Disease Strategy; and
- 2) Agree to an aggressive approach to the Peterborough Cardiovascular Disease Strategy in encouraging healthy lifestyle choices in Peterborough.

That the Health and Wellbeing Board **RECOMMENDED** that the Council's Development Plan Documents take into account the Cardiovascular Disease Strategy to encourage more healthy lifestyle choices.

5. Diverse and Ethnic Communities Joint Strategic Needs Assessment for Peterborough

The Director of Public Health and the Public Health Consultant introduced the report, which set out the Joint Strategic Needs Assessment (JSNA). The JSNA provided detail on the determinants that affected the health of ethnic groups with the greatest representation in Peterborough. The Board were advised that emphasis had initially been placed on the Eastern European sector, however had been altered to cover all ethnic groups. It remained that there had been more engagement with Eastern Europeans through community connectors and partners. The data within the JSNA had been compiled from several sources, including the census and data gathered via GPs. Further data was being collected in A&E to assess why people were choosing that outlet for their care. This data would be presented grouped in the new Ward boundaries.

The Board considered the report, and key points highlighted and raised during discussion included:

- It was considered that GPs believed that social media would be the best vehicle to promote services.
- Information packs in different languages were discussed and endorsed.
- Consistency in the approach to NHS policy was considered desirable as there were many organisations involved and resources needed to be concentrated in the best place to achieve the best results.
- It was believed that language courses needed to be flexible to meet the needs of the people to ensure that they were able to complete the course. Tutor supply was further discussed.

The Health and Wellbeing Board **RESOLVED** to approve the Diverse Ethnic Communities Joint Strategic Needs Assessment.

ACTIONS AGREED

That the Diverse and Ethnic Communities Joint Strategic Needs Assessment for Peterborough be submitted to the Health Care Executive and the CCG Clinical Management Executive Team.

- 1) That further work be undertaken in relation to non-Eastern European migrants, in order to develop more detailed recommendations.
- 2) That further work is undertaken to assess the distribution of funding.
- 3) Advise all Councillors by email that this information is available on the PCC website.

6. Sustainable Transformation Programme Mental Health Strategy

Representatives from Cambridge and Peterborough NHS Foundation Trust introduced the report, which set out the Mental Health Strategy document Working Together for Mental Health in Cambridgeshire and Peterborough. The document was a framework for the next five years which had been prepared by the Cambridgeshire and Peterborough Sustainability and Transformation Programme and provided a coherent joint strategic document for Mental Health. This had been underpinned by a number of national developments including the publication of the recommendations of the National Taskforce for Mental Health (“The Five Year Forward View for Mental Health”).

The Board considered the report, and key points highlighted and raised during discussion included:

- The crisis mental health service Vanguard launched recently which had been busy. The service included first response cover over the telephone or face to face, if necessary. It provided a place of sanctuary and access to professionals in the police control rooms, via the 111 service. An online facility was being commissioned for young people to talk to directly counsellors.
- The Primary Care Service for Mental Health (PRISM) project was to be introduced to address patients who needed mental health support but could not easily obtain access. Information between services was now shared with the police.
- Funding had not been secured although the current problems faced by the services was mainly a lack of appropriate staff rather than lack of funding.

The Health and Wellbeing Board **RESOLVED** to endorse the Mental Health Strategy and accept the recommendations. .

That the Health and Wellbeing Board **RECOMMENDED** That the Sustainable Transformation Programme Mental Health Strategy be submitted to the Safer Peterborough Partnership Board for consideration.

Councillor Fitzgerald left the meeting.

7. Mental Health Crisis Vanguard Project Update

Representatives from Cambridge and Peterborough NHS Foundation Trust introduced the report, which updated the Board on the most recent developments of the Mental Health Vanguard project.

This project had been discussed alongside agenda item 6 ‘Sustainable Transformation Programme Mental Health Strategy’.

The Health and Wellbeing Board **RESOLVED** to note the report.

8. Sustainable Transformation Programme Update

The Local Chief Officer introduced the report, which updated the Board on the progress of the Sustainability Transformation programme and its next steps.

The Board were advised that Cambridgeshire and Peterborough had been identified nationally as a “Challenged Health Economy”. All NHS organisations in the Cambridgeshire and Peterborough Health System had been asked to participate in a five year strategic plan: the Sustainable Transformation Plan (STP), and Peterborough City Council Cabinet had received an update on the programme.

The Health and Wellbeing Board **RESOLVED** to note the direction and progress of the Sustainability and Transformation Plan.

INFORMATION ITEMS AND OTHER ITEMS

The remainder of the items on the agenda were for information only and the Health and Wellbeing Board **RESOLVED** to note them without comment.

- 9. Adult Social Care, Better Care Fund (BCF) Update**
- 10. Revised Annual Public Health Report**
- 11. Schedule of Future Meetings and Draft Agenda Programme**

The next meeting of The Health and Wellbeing Board would take place on 22 December 2016.

1.00pm – 2.30pm
Chairman