



Building
stronger
families

Family Action Peterborough

Early Years and Family Centre

A guide to activities and services for residents in
Hampton and surrounding areas



family-action.org.uk

About Family Action

Family Action is a charity committed to building stronger families by delivering innovative and effective services and support that reaches out to many of the UK's most vulnerable people.

We provide services that have a positive impact on people's lives. Our work is wide-ranging and includes help for parents-to-be, the provision of many Children's Centres in local communities, intensive family support, emotional health and wellbeing services, counselling, mediation, therapeutic services, support in schools and financial grants programmes.

We were founded in 1869 but are just as relevant today as we continue to fulfil our core aim of meeting the changing needs of families with understanding and respect.

In Peterborough we have been actively involved with local families for over 25 years. We manage five pre-schools, we work closely with Peterborough City Council to provide Family Support, and we work with Cafcass to provide contact for separated parents and their children as directed by the courts.

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Welcome

Welcome to the Family Action Peterborough Early Years and Family Centre.

We are very excited to have the opportunity to be able to provide a range of Early Years and Family support services from the centre. This brochure gives you an overview of the services available and how to get in touch.

Your views are important to us so please contact us or drop in to the centre if you have any suggestions you would like us to consider.

We look forward to welcoming you!

Family Action Peterborough Early Years and Family Centre
Hargate Way
Hampton Hargate
Peterborough
PE7 8BZ

Telephone 01733 893361

Meet the team



Julie Sturgeon
Peterborough
Manager



Karen Hornsby
Early Years
Manager



Gill Redhead
Finance and
Administration



Sam Bidgood
Family Support
Worker



Kelly Hebden
Pre-school
Supervisor



Cygnets Pre-School

Cygnets Pre-School is managed by Kelly Hebden. She and her team ensure that the children who attend Cygnets can develop in a safe and happy environment.

Following the recent expansion of the government's two year old funding offer, Family Action are excited to be supported by Peterborough City Council to meet local demand by opening an additional two year old room at Cygnets.

More two year olds are now eligible for 15 hours per week of government funding. Please contact us to find out whether you can claim.

In September Kelly will be joined by three new members of staff who will welcome 12 children in to the new two year old room.

At Cygnets we already offer spaces for 2, 3 and 4 year olds and have limited spaces for non funded children who pay £9 per three hour sessions. The staff at Cygnets ensure that the children who attend can develop in a safe and happy stimulating environment and base all session plans on the EYFS.

The Pre-School team in the South locality is supported by a dedicated Family Support Worker, Sam Bidgood.

Sam's post is funded by Family Action for a trial period.

Parents/carers with concerns about their child can make a referral to receive support from Sam. In addition we work with Health Visitors where possible and hope that we can secure further funding to continue this exciting new initiative.

Our opening times are:

**Monday to Friday 8.40am – 11.40am and 12.10pm – 3.10pm
with a lunch club starting in September**

Contact us on 01733 893361



Peterborough City Council Early Years Programme

We are delighted to offer a programme of structured play-based sessions to support children's early learning and development.

These sessions use the principles of the Early Years Foundation stage and are delivered by highly qualified early years' practitioners who have strong, sound knowledge of child development.

They will focus on providing activities that encourage young children's curiosity and enthusiasm for learning, as well as building their capacity to learn.

The children are also supported as they learn with, and through, other people, especially their parents/carers and other children.

The practitioner will ensure that sessions are well balanced and planned, taking into consideration thoughts and ideas of parents, alongside the interests of the children.

These sessions will not only provide children with exciting stimulating opportunities to explore and learn but also offer parents ideas and suggestions as to how best continue supporting their child's learning and development at home.

The programme will run term time commencing Monday 8th September.

The first two sessions are an opportunity to discuss your ideas and suggestions about what you would like to see being delivered, and to discuss how these sessions will progress to ensure the most benefit to you and your child/children.

If you have any questions or want to book a place please contact Karen Hingston on 01733 864017 or email karen.hingston@peterborough.gov.uk

PETERBOROUGH

CITY COUNCIL



Early Years Parent Workshops

Parents are their child's first and most important educator. The quality of your interaction and the time spent with your child can impact hugely on their development and learning.

To support you in this crucial parental role we are offering a series of parent workshops that aim to share ideas for supporting learning in young children (aged two to four).

The workshops will briefly cover the theory behind an area of learning and development and will then provide opportunities for parents to enjoy some practical activities with their child that reinforce this.

The first workshops will look at early literacy and will use some material from a very successful Programme, Raising Early Achievement in Literacy (REAL), which is being introduced to some settings in Peterborough.

Subsequent sessions will address different areas of learning and can be tailored to meet the requests of parents who attend the workshops.

The workshops will be planned and delivered by our Early Years Manager, Karen Hornsby, who has many years of practical experience working in the pre-school environment. Karen holds Early Years Professional Status and already provides training across our settings.



Our programme of activities - 2014

DAY	ACTIVITY	TIME
MONDAY	Local Authority Group Sessions To book a space, call number below	9.30 am – 11.00 am
TUESDAY	Child Health Clinic	1.00 pm – 3.00 pm
WEDNESDAY	Early Years Parent Workshop Stay and Play-Parent Led	10.00 am – 11.30 am 1.00 pm – 2.00 pm
THURSDAY	Available for hire - please contact us for details	
FRIDAY	Baby Massage Dance and Movement	10.30 am – 11.30 am 1.00 pm – 2.00 pm
MON - FRI	Pre-School	8.45 am – 11.45 am 2.15 pm – 3.15 pm

Contact details for enquiries relating to the above sessions

Health Visiting Team - 01733 746729

Baby Massage - call Natasha on 07834 984887. The course costs £25 for 5 weeks. Pre booking and payment is necessary in advance.

Midwifery Team - 01733 864017

Local Authority sessions - 01733 864017



Other services in Peterborough

Family Action Peterborough South Locality

Stanground Sunbeams Pre-School (*located in Stanground St John's Primary School*), PE2 8BG - 07950 683026

St Michael's Ark Pre-School (*located in St Michael's Church Primary School*), PE2 8SZ - 01733 308493

Family Action Peterborough North Locality

Paston Fundays Pre-School (*located in Honeyhill Children's Centre*), PE4 7DH - 07789 691102

Paston Playdays Pre-School (*located in Paston Ridings Primary School*), PE4 7XG - 07939 669957

Useful numbers

Hampton Health 01733 556900

Hampton Dental Practice 01733 341777

NHS Direct 0845 4647

Hampton Police Station 01733 248816

Cross Keys Homes 01733 385076

Accent Nene Ltd 01733 295400

Hampton Library 01733 864280

Jobcentre Plus 0845 6043719

Hampton College 01733 246820

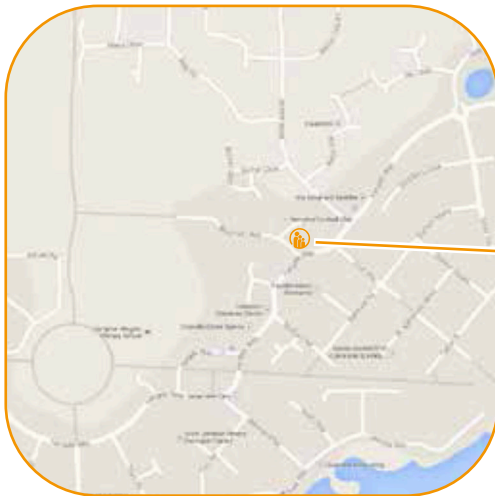
Hampton Vale Primary 01733 247000

Hampton Hargate Primary 01733 296780





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Patron: Her Majesty the Queen. **Chair:** Bryan Portman MBA FCCA FCIS. **Chief Executive:** David Holmes CBE.

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